

Directory Listings
COVID-19 Information Updated – 3/23 11:30 am

Carteret

Carteret Calvary Baptist Church – Reflection of God the Way Ministry

Contact: Diahann Thomas-Spencer
Telephone: 732-541-9169 (Office) or 732-912-6007 (Help Line)
Address: 38 McKinley Avenue
Carteret, NJ 07008
Hours of Operation: Last Saturday of the month
11:00 a.m. – 1:00 p.m.

Community outreach program providing emergency food to the people of Carteret.

St. Joseph's Parish, St. Vincent DePaul Food Pantry

Contact: Barbara McHale
Telephone: 732-541-8946
Address: 55 High Street
Carteret, NJ 07008
Hours of Operation: Every 3rd Saturday
9:30 a.m. – 10:30 a.m.

Nonperishable food items are available to Carteret residents in need. Proof of residency is required.

Cranbury

First Presbyterian Church of Cranbury - Skeet's Pantry

Contact: Church Office – Carol Kientz
Telephone: 609-426-0690
Address: 22 South Main Street
Cranbury, NJ 08512
Website: www.cranburypres.org
Hours of Operation: Every 3rd Friday
8:00 a.m. – 10:00 a.m.
(Doors open between 7:30 & 8:00 a.m.)

Nonperishable food items and some perishable items are available to any county resident in need.

East Brunswick

Aldersgate Outreach Community Center

Contact: Diane Hutchins
Telephone: 732-254-7361 Option 2 (Message Center)
Address: 562 Ryders Lane
East Brunswick, NJ 08816
Hours of Operation: Sunday, Tuesday & Friday
1:00 p.m. – 3:00 p.m.

Food pantry and thrift shop. Must be a resident of Middlesex County for food assistance. Government-issued photo ID (passport, driver's permit or license, city or stat non-driver ID must be presented. Referral is through church or social service organization is recommended.

St. Mary & St. Stephen Coptic Church

Contact: Nermeen Gobran, Fr. Stefanos Habib
Telephone: 917-436-8603, 732-857-0188
Address: 12 Gates Aveue
East Brunswick, NJ 08816
Hours of Operation: Saturday 6:00 p.m. – 7:00 p.m.

Food assistance is available to those in need twice a month. Clothing and financial assistance are also available on a limited basis.

Edison

Community Presbyterian Church

Contact: Church Secretary
Telephone: 732-287-1666
Address: 75 Glenville Road
Edison, NJ 08817
Hours of Operation: Tuesday & Thursday
9:00 a.m. – 11:00 a.m.

A three-day supply of food is available once a month for Edison Township residents, proof of residence is required (driver's license, utility bill, etc.).

Edison Housing Authority

We have taken precautionary measures and have suspended all programming, including the food program. However, we are working with the township to come up with a distribution day of food and products in April and will keep you posted on those details.

Contact: Raquel Landero
Telephone: 908-561-2525
Address: 14 Reverend Samuel Carpenter Blvd
Edison, NJ 08820
Hours of Operation: Every third Wednesday
12:00 p.m. – 3:30 p.m.

Food pantry is available to Edison residents 18 years or older. Must show proof of residency and proof of low to moderate income.

Guardian Angels Church, Society of St. Vincent De Paul

Contact: Food Pantry
Telephone: 732-572-0977
Address: 37 Market Street
Edison, NJ 08817

Hours of Operation: Every other Wednesday (calendar available)
9:30 a.m. – 11:30 a.m.

Food Pantry services are available during the designated hours.

Hands of Hope at St. James Episcopal Church

Contact: Jackie Goedesky
Telephone: 732-236-3330
Address: 2136 Woodbridge Avenue, PO Box 1057
Edison, NJ 08818
Website: <http://handsofhopenj.net>
Hours of Operation: 1st & 3rd Saturday of the month
11:00 a.m. – 1:30 p.m.

Soup Kitchen and food pantry available to any Middlesex County resident in need. An intake application must be completed and proof of residency is required.

New Beginnings Church of the Nazarene

Contact: Joan Naraine
Telephone: 732-985-7097
Address: 80 Jefferson Blvd.
Edison, NJ 08817
Hours of Operation: 4th Saturday of each month
1:00 p.m. – 3:00 p.m.

Nonperishable food is available for any Middlesex County resident over the age of 18 who is in need. ID is required.

St. Paul's Evangelical Lutheran Church

Contact: Church Office - Kathy
Telephone: 732-287-0888
Address: 445 Old Post Road
Edison, NJ 08817
Hours of Operation: Wednesday and Thursday
10:00 a.m. - 12:00 a.m.

Produce is available every first and third Wednesday. Clients may come once a month on Thursday for non-perishable items. Nonperishable canned foods are available on an emergency basis.

Helmetta

New Life Food Pantry

Will be closed beginning the week of 3/23

Contact: Kristen Tabert
Telephone: 732-521-0169
Address: St. George Church
56 Main Street
Helmetta, NJ 08828
Website: www.NewLifeFoodPantry.org

Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.
Thursdays Bonus Distribution 2:00 p.m. – 3:00 p.m.

Highland Park

Highland Park Community Food Pantry

Contact: Nicole Huff or Janice Ballou
Telephone: 732-819-0052 (Nicole) or 908-410-7618 (Janice)
Address: Highland Park Community Center
220 South 6th Avenue
Highland Park, NJ 08904
Hours of Operation: 2nd & 4th Thursdays of the month
9:00 a.m. – 10:45 a.m. (or later if distribution takes longer)
6:00 p.m. – 7:00 p.m. (or later if distribution takes longer)
The Saturdays following the 2nd & 4th Thursdays of the month
9:30 a.m. - 10:30 a.m.

Anyone in need of food or who is food insecure can make an appointment with Nicole Huff at the Community Center to register for the Highland Park Community Food Pantry. At the distribution times listed above, food pantry clients can choose from nonperishable and fresh foods (when available). Low-income households are also eligible for additional food available under the Federal TEFAP program such as meats, cheese and eggs. The registration form lists the requirements for receiving these additional food items.

Highland Park Gives a Hoot

Contact: Monica Jackson / Michael Buchman
Telephone: 732-819-3786 Monica / 732-245-9433 Michael
Address: Teen Center
600 Benner Street
Highland Park, NJ 08904
Hours of Operation: Monday – Friday 3:00 pm – 6:00 pm

Nonperishable groceries provided to teens and walk-ins through the teen center

Jamesburg

Calvary Chapel Crossfields

Contact: Fran Napoli
Telephone: 732-521-0382 (Office) or 609-664-2973 (Fran)
Address: 15 Half Acre Rd.
Jamesburg, NJ 08831
Website: www.cccrossfields.org
Hours of Operation: Friday 6:00 p.m. – 8:00 p.m.

Provides food and clothing. Requires client intake form requesting name, address, and financial situation.

Presbyterian Church of Jamesburg – Deacon's Food Cupboard

Contact: Church Office
Telephone: 732-521-1711

Address: 175 Gatzmer Avenue
Jamesburg, NJ 08831
Hours of Operation: 3rd Saturday of the month by appointment only

Please call the church office for specific information however, proof of residency in Jamesburg, Helmetta or Monroe is required and an application must be completed.

Metuchen

First Presbyterian Church of Metuchen

We will be open Wednesday and Thursday this week from 9am - 11am for DRIVE UP FOOD PANTRY. That means that our clients do not need an appointment. They can just drive up and we will provide them with two prepacked bags per family delivered out to their cars. No signing in. We will allow them to come once a week going forward until this is all over.

Contact: Sarah Teti, Food Pantry Coordinator
Telephone: 732-491-2300 (Office) or 732-491-2325 (Food Pantry)
Address: 270 Woodbridge Avenue
Metuchen, NJ 08840
Hours of Operation: Wednesday & Thursday
9:15 a.m. - 12:00 p.m.

Emergency food distribution is available to residents of Edison and Metuchen; proof of residency must be provided. All requests must come in by phone by 3PM on Tuesday so that clients can make an appointment to "shop" Wednesday or Thursday OR volunteers can package the food for pick up on Thursday. Emergency requests are also arranged. Limited to once a month. Suggested donations include: Parmalat milk, peanut butter and jelly, maple syrup and pancake mix (mix with water), dry cereal, canned meats, juices, and vegetables, soups, spaghetti sauce and pasta. We do not accept perishable items.

St. Francis Cathedral Social Concerns

Telephone: 732-548-0100 ext. 225 for Social Concerns
Address: 45 Library Place
Metuchen, NJ 08840
Hours of Operation: Monday - Thursday
9:30 a.m. - 11:30 a.m.

Emergency food distribution is available.

Milltown

Jewish Family Services of Middlesex County, Milltown

Contact: Intake
Telephone: 732-777-1940
Website: www.jfsmiddlesex.org
Address: 32 Ford Avenue, 2nd Floor
Milltown, NJ 08850 (United Way Bldg., street parking)

Hours of Operation: By appointment

Family, couple, and individual counseling, senior adult services, vocational & career services, emergency food (non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, Immigration services and citizenship classes, and the Women's Center for Displaced Homemakers are among the services available. To get food, must be a Middlesex County resident, 18 or older, must show proof of name, address and income. Requests are limited to once a month or as needed for emergency circumstances. Nonperishable kosher food is provided to those in need. Monetary donations and kosher non-perishable food donations are accepted from the community and organizations. All residents in need are served regardless of ethnicity, religion, gender, etc.

Monroe

Jewish Family Services of Middlesex County, Monroe

Contact: Intake
Telephone: 609-395-7979
Website: www.jfsmiddlesex.org
Address: 1600 Perrineville Road, Suite 52 (Concordia Shopping Center)
Monroe Twp., NJ 08831
Hours of Operation: By appointment

Family, couple, and individual counseling, senior adult services, vocational & career services, emergency food (non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, and the Women's Center for Displaced Homemakers are among the services available. To get food, must be a Middlesex County resident, 18 or older, must show proof of name, address and income. Requests are limited to twice a month or for emergency circumstances. Monetary donations and kosher non-perishable food donations are accepted.

Monroe Township Office of Senior Services

Contact: Karen Theer or Claire Kelly
Telephone: 609-448-7140
Address: 12 Halsey Reed Road
Monroe Twp., NJ 08831
Hours of Operation: 1st Wednesday of the month
8:30 a.m. - 11:30 a.m. by appointment only

Nonperishable food distribution is available on the 1st Wednesday of each month from 8:30 a.m. – 11:30 a.m. Emergency calls are taken Monday – Friday from 8:30 a.m. to 4:30 p.m. Proven financial eligibility and proof of residency in Monroe Township is required

New Brunswick

Bayard Street Presbyterian Church

Contact: Pastor Joseph Bodnar
Telephone: 732-247-0384 or 732-672-3793
Address: 107 Bayard Street
PO Box 1207
New Brunswick, NJ 08903

Hours of Operation: Last Saturday of the month
12:00 p.m. - 2:00 p.m.

Nonperishable food toiletries, clothing, household items, and paper goods are available to those in need.

Central Jersey Diaper Bank/Anshe Emeth Community Development Corporation

As long as we are able (and have the ability/inventory), the AECD-Central Jersey Diaper Bank will be of service. We have limited, adjusted hours, which are subject to change. At this time, families in your network are able to visit on Thursdays and Mondays from 10-2.

However, please call and listen to the voice message in the case of a last minute change.

Contact: 732-296-2922
Telephone: 732-296-2922
Address: 222 Livingston Ave
New Brunswick, NJ 08901
Hours of Operation: (Current Limited Hours) Mondays and Thursdays 10:00 a.m. – 2:00 p.m.

However, please call and listen to the voice message in the case of a last minute change.

Christ Church New Brunswick Food Pantry

Contact: Church Office
Telephone: 732-545-6262 or 732-543-3065
Address: 5 Paterson Street
New Brunswick, NJ 08901
Hours of Operation: 2nd & 3rd Wednesdays of the month: 6:00 p.m. – 7:30 p.m.
Last 2 Fridays of the month: 9:00 a.m. - 10:30 a.m.
Last 2 Saturdays of the month: 10:30 a.m. – 12:00 p.m.

Emergency food distribution is subject to items available.

Ebenezer Baptist Church, Feed My Sheep Ministry, Soup Kitchen – CLOSED UNTIL FURTHER NOTICE

Contact: Victor Hoagland or Louie Rolon
Telephone: 732-247-2459
Fax: 732-247-7357
Address: 126 Lee Avenue
New Brunswick, NJ 08901
Hours of Operation: Tuesday 11:00 a.m. – 1:00 p.m. (Soup Kitchen)

Hot meals are provided to all those in need. Other donated food items are also distributed as received.

Elijah's Promise

To-go meals only. For social services ask at the door. Donations only Monday-Friday 1am-1pm.

Promise Clinic is suspended until further notice. Social Services will not be taking new clients at this time. We will be in touch with current clients

Contact: Curtis McNair
Telephone: 732-545-9002 ext. 117
Address: 18 Neilson Street
New Brunswick, NJ 08901
Website: <http://www.elijahspromise.org>
Hours of Operation: Community Soup Kitchen Hours
Monday – Friday: 11:00 a.m. - 7:00 p.m.
Saturday – Sunday: 12:00 p.m. - 1:30 p.m.

Prepared meals, health services, educational services, information and referral services are available. Prepared "Meals to Go" program is available for people who are working and unable to attend regular meal times. "Fresh is Best" program offers perishable and non-perishable food for The Ryan White Program by appointment only. Suggested donations include food and paper supplies.

Five Loaves Food Pantry Store at Second Reformed Church of New Brunswick

Contact: Catherine Verduci
Telephone: 732-545-1019
Address: 100 College Avenue
New Brunswick, NJ 08901
Hours of Operation: Regular Hours (Sept. – April)
Monday – Friday
10:00 a.m. – 2:00 p.m.
Monday & Wednesday
5:00 p.m. – 8:00 p.m.

Summer Hours (May – Aug)
Monday, Tuesday & Wednesday
10:00 a.m. – 2:00 p.m.
Wednesday
5:00 p.m. – 8:00 p.m.

*Closed the 3rd Wednesday of the month

Please call 732-545-1019 before coming at any time, since our staff is totally volunteer and sometimes unavailable to keep the hours established. Basic emergency food is available to people and families in economic hardship. Proof of name, current address, proof of any dependents and valid photo ID. Food is distributed by client choice, not prepackaged bags. Staff speaks English and Spanish.

Greater Brunswick Charter School

We will do a grab and go lunch Wednesday, March 17th and Friday, March 19th, 11 am-1 pm at Greater Brunswick Charter School.

The food pantry will be open from 11:30 AM to 1:00 PM on Wednesday, March 17th, 2020 This pantry is only open to GBCS students and their families.

Contact: Lilia Fabila-Guilbot

Phone: 732-448-1052 x 104
Address: 429 Joyce Kilmer Ave,
New Brunswick NJ 08901
Website: www.greaterbrunswick.org
Hours of Operation: Wednesday 12:00 p.m. – 1:00 p.m.

New Brunswick Seventh Day Adventist Church

Contact: Oneka Edwards
Telephone: 732-745-4858
Address: 339 Livingston Avenue
New Brunswick, NJ 08901
Website: www.NBSDAC.com
Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Emergency food is available to New Brunswick residents and those within the church community every Wednesday. Food, prayer, counseling, and clothing are available. Advanced appointment recommended for services other than food. Valid photo ID and proof of address are required.

PRAB - Preschools

Contact: Family Workers
Telephone: 18 Drift Street ECC 732-828-4709
Mario Gonzalez Child Dev Center 732-828-4572
Downtown ECC 732-545-0426
Raritan Gardens ECC 732-247-5640
Address: Preschool
PO Box 240
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday
7:30 a.m. - 5:30 p.m.

Emergency food assistance is available to any Puerto Rican Action Board Preschool Family. Suggested donations include rice, beans, tomato sauce and spaghetti.

PRAB, Inc. – Service Access Center

NO PANTRY THIS WEEK (3/6)

By appointment only, no waiting in the lobby

Contact: Service Access Center Representative
Telephone: [732-828-4510](tel:732-828-4510)
Address: 90 Jersey Ave, PO Box 240
New Brunswick, NJ 08901
Hours of Operation: Agency hours are Monday-Friday 9:00 a.m. – 5:00 p.m.
Wednesday 9:00 a.m. – 6:00 p.m.
Pantry is only available on Thursdays to a limited number of families

Cases are determined on individual need. Clients are eligible for assistance once a month and for emergencies as needed.

Salvation Army Family and Community Emergency Center

ID or residency requirements have been waved at this time. Clients must sign in and provide a phone number. Starting 3/23 our revised hours are Monday to Thursday 10:00am to 3:00pm and Friday 10:00 am to 2:00 pm

Contact: Yadira Zavaleta
Telephone: 732-545-1477 ext. 112
Address: 287 Handy Street P.O. Box 5724
New Brunswick, NJ 08901
Hours of Operation: Monday – Friday
9:00 a.m. – 3:00 p.m.

Services include food pantry. Photo ID, birth certificate for all household members, and proof of address are required. Clients are eligible for assistance once every month (excluding holiday assistance). Must be a resident of New Brunswick, East Brunswick, North Brunswick, Highland Park or Milltown.

Sharon Baptist Church

Contact: Edmund DeVeaux
Telephone: 201-478-9446 (Cell) or 732-846-0669 (Church)
Website: www.sharonbaptistnj.com
Address: 25 Howard Street
New Brunswick, NJ 08901
Hours of Operation: 2nd Wednesday of the month
12:00 p.m. - 2:00 p.m.

Sharon Baptist Church will serve those in need on a 'first come, first serve' basis. We will serve until either supplies or time expires.

St. Alban's Church Food Pantry

Contact: Enid Atkins
Telephone: 732-247-0808
Address: 148 Lee Avenue
New Brunswick, NJ 08901
Hours of Operation: Wednesday 7:00 p.m. – 8:30 p.m.

Emergency food is available for those in need.

St. Vincent De Paul Food Pantry, New Brunswick

Contact: Walter Mulyk
Telephone: 732-309-2142
Address: 29 Abeel Street
New Brunswick
Hours of Operation: Wednesday & Saturday
10:00 a.m. - 1:00 p.m.

Emergency food distribution is provided. Need must be established under TEFAP guidelines. Food may be picked up weekly. To register as a client, individuals must provide evidence of New Brunswick residency.

Suydam Street Reformed Church

Contact: Virginia Previte
Telephone: 732-249-6803
Address: 74 Drift Street
New Brunswick, NJ 08901
Hours of Operation: Saturday 9:00 a.m. – 10:30 a.m.
Sunday 7:30 a.m. – 8:30 a.m.
Monday 9:00 a.m. – 10:00 a.m.

Canned and packaged goods are available through the pantry and bread and pastries are distributed on Sundays. Clients must sign a form and present a proper ID, adults only. Services are limited to once a month. Donations accepted include canned and packaged goods.

Tabernacle Baptist Church

Contact: Lottie Harrison
Phone: 732-545-6617
Address: 239 George Street
New Brunswick, NJ 08901
Hours of Operation: 4th Thursday
10:00 a.m. – 12:00 noon

Emergency food is provided to the hungry and homeless.

Vanessa's Pantry at Emanuel Lutheran Church – TEMPORARILY SUSPENDING OPERATION UNTIL OTHER ARRANGEMENTS CAN BE MADE

Contact: Vanessa Dunzik
Telephone: 732-545-2673
Address: 2 Kirkpatrick Street
New Brunswick, NJ 08901

Website: www.emmanuelnb.org

Hours of Operation: Wednesday 10:00 a.m. – 11:45 a.m.
The Saturday following the 3rd Thursday of the month 9:00 a.m. – 10:45 a.m.

Emergency food distribution is available. Services may be used once every month and are limited by availability of food. Nonperishable foods and baby supplies may be donated.

North Brunswick

New Destiny Family Worship Center

Contact: Julienne Whitten
Telephone: 732-246-8850
Address: 1330 Livingston Avenue
North Brunswick, NJ 08902
Hours of Operation: Every Wednesday 11:00 a.m. – 12:00 p.m.
Closed on holidays & every 5th Wednesday

Perishable and non-perishable food is provided to those in need during hours of operation. Please do not call on Wednesdays, just show up. We are a very busy pantry and cannot return calls. Our mission statement: Neighbors Helping Neighbors - No one goes to bed hungry in our county.

Field Code Changed

North Brunswick Food Bank

Contact: Kathleen Aruta
Telephone: 732-247-0922 ext. 293
Address: 710 Hermann Road
North Brunswick, NJ 08902
Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.
Thursday 6:00 p.m. – 8:00 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.

Old Bridge

Calvary Chapel Old Bridge - Broken Loaves Food & Raiment Ministry

Contact: James Shevchenko
Telephone: 732-679-4837
139 White Oak Lane
Old Bridge, NJ 08857
Hours of Operation: Friday 10:30 a.m. – 1:00 p.m. & 6:30 p.m. – 8:30 p.m.

Services offered include food, clothing, counseling, and prayer. An appointment must be made by calling in advance – office hours are Tuesday, Wednesday & Thursday from 10:30 a.m. – 2:30 p.m. Walk-ins are not accepted and services are limited to once a month.

Old Bridge Township Food Bank

Contact: Anahita Feltz
Telephone: 732-721-5600 ext. 2022
Address: One Old Bridge Plaza
Old Bridge, NJ 08857
Hours of Operation: Tuesday, Wednesday & Thursday
10:00 a.m. – 12:00 p.m. (By appointment only)

For Old Bridge Residents Only. Initial contact should be made with Middlesex County Board of Social Services (SNAP) program. Clients will be required to provide proof of SNAP benefits or denial letter prior to applying in Old Bridge. For an intake appointment call 732-721-5600 ext. 6625. Required Information: 2 proofs of residency, proof of income, SSI/SSD award letter, SNAP award/denial letter.

St. Lawrence Church Food Pantry

The St Lawrence Food Pantry will be closed indefinitely but we have staged bags of food if needed on a will call basis

Contact: Joan Langan
Telephone: 732-583-9361
Address: 109 Laurence Parkway
Laurence Harbor, NJ 08879
Hours of Operation: Monday & Saturday
8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving.

Perth Amboy

Cathedral CDC Social Services – Mercy House Food Pantry

Contact: Damaris Ramirez or Juana Kearney
Telephone: 732-826-0447
Fax: 732-826-1238
Website: www.thecathedral.org
Address: 282 McClellan Street
Perth Amboy, NJ 08861
Hours of Operation: Monday 9:30 a.m. – 1:00 p.m.
Tuesday – Friday
9:30 a.m. – 3:00 p.m.

Food pantry is available to Middlesex county residents in need twice a month. Clients must register every six months. Clothing is also available.

Iglesia Ciudad de Refugio

Contact: Rev. Eduardo Almonte
Telephone: 732-826-0058
Address: 436 Market Street
Perth Amboy, NJ 08861
Hours of Operation: Wednesday 11:00 a.m. (after food pick up)
Thursday 7:30 p.m. – 8:30 p.m.

Emergency food is provided to those in need in the church community.

Jewish Renaissance Foundation (JRF) – Silver Linings “My Choice Store”

Contact: Lisette Vargas-Guzman, Merelin Mereno-Myer
Telephone: 732-324-2114 ext 132 or 133
Website: www.jrfnj.org
Address: 149 Kearny Avenue
Perth Amboy, NJ 08861
Hours of Operation: Every other Thursday and Friday by appointment only. Please call to make an appointment

Fresh fruits and vegetables are available to low income seniors 55 and over. Seniors on eastern side of Middlesex County are targeted. The goal is to create a comfortable, familiar, and dignified shopping experience to encourage healthy food choices.

Jewish Renaissance Foundation (JRF) – Baside Family Success Center (FSC)

Contact: Vanessa Cepin, Rosanna Nunez
Telephone: 732-638-5063
Website: www.jrfnj.org
Address: 500 Dobranski Drive
Perth Amboy, NJ 08861
Hours of Operation: Monday & Wednesday 10:00 am to 5:00 pm, Tuesday & Thursday 12:00 pm to 8:00 pm and Friday 10:00 am to 3:00 pm

Family Success Centers (FSC) are community-based, family centered neighborhood gathering places where any resident of Middlesex County can go for support, information, and services – with parent leadership at its center. All services are free and confidential. The purpose of the FSC is to enrich the lives of children and adults by making families and neighborhoods stronger. We incorporate programming around healthy eating and make an effort to help our families make healthy choices. We publish a calendar monthly highlighting all our activities. Please call to get on our email list.

Our Lady of Fatima Bread of Life Food Pantry

Contact: Reverend Gilles Njobam CMF / Carmen Inoa, Food Pantry Administrator
Telephone: 732-442-6634
Address: 380 Smith Street
Perth Amboy, NJ 08861
Hours of Operation: Every 3rd Wednesday of the month
2:30 p.m. – 6:30 p.m.
The Saturday that follows
1:00 p.m. – 4:00 p.m.

Emergency food is available to any Middlesex County resident in need.

Salvation Army

Contact: Jhoanny Duran, Capt. Alex Rodriguez
Telephone: 732-826-7040
Address: 433 State Street
Perth Amboy, NJ 08861
Hours of Operation: Monday – Friday, **EXCEPT** Tuesday
9:00 a.m. – 12:00 p.m. (By appointment)

Food pantry is available twice a month. Clients must register with We Care every six months. Must show proof of need and show ID with proof of address. A soup kitchen and emergency winter shelter for men and transitional housing for veterans is also provided. Call for additional information and appointment.

St. Peter's Episcopal Church, Peter's Pantry

Contact: Maureen Erickson
Telephone: 732-742-3205
Address: 183 Rector Street
Perth Amboy, NJ 08861
Hours of Operation: Monday 5:00 p.m. – 7:00 p.m.
Thursday 10:00 a.m. – 12:00 p.m.

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

St. Vincent DePaul Food Pantry, Perth Amboy

Contact: Jerry Yaros or Joe Serrao
Telephone: 732-548-4317 or 732-254-4153
Address: 230 New Brunswick Avenue
Perth Amboy, NJ 08861
Hours of Operation: Saturday 9:45 a.m. – 12:45 p.m.

Emergency food available for those in need.

Piscataway

FISH, Inc. Dunellen Area

Due to the Corona Virus, the Fish Food Room will be CLOSED March 23rd through April 3rd. The Fish Clothing Room will be CLOSED March 16th through April 3rd. Donors are asked to please hold all donations until we reopen.

The Food Room at Fish, Inc. Dunellen Area will be open this week to serve clients on Wednesday, March 18, Friday, March 20 and Saturday, March 21. Hours on Wednesday and Friday are 9 a.m. to 12 noon, Saturday are 9 a.m. to 11 a.m.

The Food Room will be closed March 23-April 3rd, re-opening Saturday, April 4th 8:30 a.m. to 11 a.m. to distribute Easter food and regular monthly allotments.

Contact: Hotline
Telephone: 732-356-0081
Address: 456 New Mark-et Road
Piscataway, NJ 08854
Hours of Operation: Monday, Wednesday & Friday
9:00 a.m. – 12:00 p.m. (call for appointment)

Emergency food and clothing are available. Clients are limited to once a month and must show proof of residency in Piscataway, Middlesex, Dunellen, Highland Park, Edison or South Plainfield. Clients must also provide proof of need through participation in TANF, SSI, WIC, Food Stamps, Medicaid or Welfare, or show proof of household income not in excess of guidelines. Nonperishable foods are accepted as donations.

James O. Bryant Food Pantry

Closed until further notice

Contact: Wilhelmina A. Bryant
Telephone: 732-985-4384
Address: 6 Ethel Road
Piscataway, NJ 08854
Hours of Operation: 3rd & 4th Saturday of the month
9:00 a.m. – 11:30 a.m.

We distribute food and limited personal items to clients. Food Pantry Clients can come once a month. Participation in the food pantry is based on any of the following: Income qualifications [established by the

state and federal guidelines], TANF [Temporary Assistance to Needy Families], SSI [Supplemental Security Income], WIC [Women, Infants and Children], FPS [known as food stamps], Medicaid or have had a Disaster. All applicants must provide proof of identity and residency.

Muslim Center of Middlesex County – Open Door Food Pantry

Contact: Muhammad Asif Barlas
Telephone: 732-890-5042
Address: 1000 Hoes Lane
Piscataway, NJ 08854
Hours of Operation: Every Wednesday
3:00 p.m. – 5:00 p.m.

Nonperishable food and supplies are available to anyone in need.

Zion Hill Baptist Church – Faith’s Kitchen

Contact: Bettie Davis
Telephone: 732-463-7776
Address: 450 Highland Avenue
Piscataway, NJ 08854
Hours of Operation: Thursday 11:30 a.m. – 2:00 p.m.

Faith’s (Soup) Kitchen provides and serves a nutritious lunch every Thursday (excluding holidays) to those in need. Other donated food items are also distributed as received.

Zion Hill Baptist Church Food Pantry

Contact: Roy Brinson
Telephone: 229-415-9729
Address: 450 Highland Avenue
Piscataway, NJ 08854
Hours of Operation: 3rd Tuesday 4:00 p.m. – 6:30 p.m.
Every Thursday 10:00 a.m. – 1:00 p.m.

Nonperishable commodities are distributed to those in need twice a month.

Plainsboro

Plainsboro Township Food Pantry

Contact: Erum Ladak
Telephone: 609-799-0909 ext. 1711
Address: 641 Plainsboro Road
Plainsboro, NJ 08536
Hours of Operation: Tuesday, Wednesday and Friday 9:00 – 12:00 noon, Thursday 11:30- 3:00
Distribution Days: Every 2nd and 4th Thursday
12:30 p.m. – 2:30 p.m. & 5:30 p.m. – 7:00 p.m.

Distribution of nonperishable food items and occasionally perishables and personal care items to residents of Plainsboro Township. Proof of residency and income eligibility is required.

Sayreville

Faith Fellowship Ministries, World Outreach Center

Contact: Rachel Cedeno
Telephone: 732-727-9500 ext. 1405
Address: 2707 Main Street
Sayreville, NJ 08872
Hours of Operation: 3rd Thursday 10:00 a.m. – 7:00 p.m.

Emergency food, clothing and shelter referrals are available to anyone in need. Identification for each recipient is required. Special arrangements can also be made for emergencies. The Church is also open for prayer and counseling, please call for an appointment.

Sayreville Care & Share Food Bank

Contact: Sue Paul
Telephone: 732-721-8053
Address: Senior Center
423 Main Street
Sayreville, NJ 08872
Hours of Operation: Certain Tuesdays (Call for specific dates)
10:00 a.m. – 11:00 a.m.

South Amboy

First Presbyterian Church of South Amboy

Contact: Church Office
Telephone: 732-721-4516
Address: 150 North Broadway PO Box 787
South Amboy, NJ 08879
Hours of Operation: 3rd Saturday 9:30 a.m. – 11:30 a.m.
Emergencies by appointment

Food distribution is available once a month. Must show identification and proof of residency, be over the age of 18 and complete paperwork. Our pantry is available to residents in our local area; South Amboy, Parlin, Sayreville and Laurence Harbor.

South Brunswick

Abundant Life Christian Center, Living Waters

Contact: Rhondi Sabo
Telephone: 732-355-0225 Church
Address: 2245 Route 130, Suite 101
Dayton, NJ 08810
Website: www.njlifechurch.com
Hours of Operation: Saturday 8:00 a.m. – 11:00 a.m.
Call for an appointment

Services provided include food and prayer. Clients may obtain services every other week and must show proof of ID. Nonperishable foods and toiletries are accepted as donations.

South Brunswick Township Food Pantry

[Update on services and food drive 3/18 http://nixle.us/BPQPC](http://nixle.us/BPQPC)

Open for emergencies only, contact jwert@sbtnj.net.

Contact: Jeanne Wert
Telephone: 732-329-4000 ext. 7674
Address: South Brunswick Municipal Building
540 Ridge Road, Social Services Office
Monmouth Junction, NJ 08852
Hours of Operation: Monday – Friday 8:30 a.m. - 4:30 p.m. (By appointment only)

Food box and, if available, food certificates. Cases are determined on individual need for South Brunswick residents only. An application is required. Information must be updated every visit. Food is available as emergency aid only. Donations accepted include cereal, Parmalat, peanut butter, jelly, pasta, sauces, tuna fish, snack foods, beverages, macaroni & cheese, canned meats.

South Plainfield

Sacred Heart Church Social Concerns

Contact: S. Neil Towey
Telephone: 908-756-0633 ext. 112
Fax: 908-757-5655
Email: socialconcerns@churchofthesacredheart.net
Address: 200 Randolph Avenue
South Plainfield, NJ 07080
Hours of Operation: Monday, Wednesday and Friday
9:00 a.m. – 11:00 a.m.

Food is available for South Plainfield residents who are in need of assistance. Driver's license or picture ID with address is necessary for verification of residency.

South Plainfield Social Services Department

Contact: Heather L. Barry, LSW
Telephone: 908-226-7628
Address: 90 Maple Avenue
South Plainfield, NJ 07080
Hours of Operation: Tuesday & Thursday
8:30 a.m. - 12:00 p.m.

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.

St. Stephen Lutheran Church Food Pantry

Contact: Pastor Chris Halverson, Judy Ziccardi, Sharon Gianceschi
Telephone: 908-757-4474
Address: 3145 Park Avenue
South Plainfield, NJ 07080

Hours of Operation: Last Wednesday of the Month
6:00 p.m. - 8:00 p.m.

Emergency nonperishable food distribution is available for anyone residents in need.

South River

South River Food Bank

Contact: Debra A. Jones
Telephone: 732-257-1999 ext. 118
Address: 98 Jackson Street
South River, NJ 08882
Mailing Address: c/o South River Board of Health
48 Washington Street
South River, NJ 08882
Hours of Operation: Wednesday 10:00 a.m. – 12:00 p.m.
1st & 2nd Saturday 10:00 a.m. – 12:00 p.m.

Nonperishable food is provided to South River residents who are in need of assistance. A valid ID and current proof of South River residence are required at each visit. Services are limited to one visit per month per household.

The Heart of South River at Tabernacle Baptist Church

Contact: Mark & Gale Powell
Telephone: 732-254-5601
Address: 130 Main Street
South River, NJ 08882
Hours of Operation: 1st Saturday of the month 10:00 a.m. – 12:00 p.m.

Nonperishable foods and hygiene items are available to residents in need. Proof of name and address are required.

Union Baptist Church, Joshua Center Food Bank

Contact: Joann Jackson, Director
Telephone: 732-690-3673
Address: 76 Washington Street
South River, NJ 08882
Hours of Operation: 1st & 3rd Thursday 9:30 a.m. – 11:30 a.m.
1st & 3rd Saturday 9:30 a.m. – 11:30 a.m.

A soup kitchen and food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.

Spotswood

Churches United For People

Contact: Jen Alexander
Telephone: 732-307-7939
Address: 455 Main Street
Spotswood, NJ 08884
Website: <http://www.cohmspotswoodnj.com>

Hours of Operation: Tuesday – Thursday
9:30 a.m. – 11:30 a.m. & 1:30 p.m. - 3:30 p.m.
Tuesday 5:00 – 7:00 p.m.

Emergency food is provided to those in need one time per month. Must be a resident of Middlesex County and provide proof of residence (i.e.: driver's license, photo ID, utility bill)

St. Peter's Episcopal Church

Contact: Christine Sickels
Telephone: 732-251-2449
Address: 505 Main Street
Spotswood, NJ 08884
Website: <http://www.cohmspotswoodnj.com>
Hours of Operation: Wednesday 6:00 p.m. - 7:00 p.m.

Free supper to anyone needing a meal and/or fellowship.

Woodbridge

Fellowship Bible Church

Contact: Louis Devizia
Telephone: 732-636-7727
Address: 121 East Prospect Avenue
Woodbridge, NJ 07095
Website: <http://www.yourfamilychurch.com>
Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Nonperishable food is available to residents of Woodbridge, Perth Amboy, and Carteret

First Congregational Church of Woodbridge

Contact: Church Office
Telephone: 732-634-0582
Address: 539 Barron Avenue
Woodbridge, NJ 07095
Hours of Operation: Must call for an appointment (Sunday pick up)

Call in advance for information and to set up and an appointment. Emergency food is available by appointment only and proof of need is required.

First Presbyterian Church of Avenel

Contact: Carolyn and Jake Stockl
Telephone: 732-634-1631
Address: 621 East Woodbridge Ave
Avenel, NJ 07001
Website: <http://avenelpresbyterianchurch.org/>
Hours of Operation: Last Tuesday of the month
10:00 a.m. - 11:30 a.m.

Emergency food distribution is available. If it is an emergency you may call the church office for immediate assistance. Food donations and toiletries are accepted.

First Presbyterian Church of Iselin

Contact: Marion Feliks or Margarita Estrada
Telephone: 732-283-1188
Address: 1295 Oaktree Road
Iselin, NJ 08830
Hours of Operation: Call for appointment
1st Wednesday 10:00 a.m. - 1:00 p.m.

Food is distributed once a month (1st Wednesday). You must call by Friday before to be eligible to receive food. Identification and recommendation are usually required.

First Presbyterian Church of Woodbridge

Contact: Church Office
Telephone: 732-634-1024
Address: 600 Rahway Avenue
Woodbridge, NJ 07095
Hours of Operation: First two Mondays of each month
9:00 a.m. - 11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

Heaven's Helpers

Contact: Kathy Hoffman or Doloris Androvich
Telephone: 732-742-8942 (Kathy) or 732-501-7972
Address: 393 Pearl Street – VFW Post 4410
Woodbridge, NJ 07095
Hours of Operation: 1st Thursday of the month (emergencies by appointment)
12:30 p.m. – 3:00 p.m.

Kosher foods and paper goods are available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. Donations of all foods are accepted. Frozen foods, fresh fruit & vegetables, dairy goods and meats can be accepted with a few hours' notice. We have freezers, and storage facilities available.

H.O.P. Center

Contact: Reinaldo Ortiz
Telephone: 848-203-0821
Address: 1284 St. Georges Ave. 2nd floor
Avenel, NJ 07001
Hours of Operation: 1st and 3rd Wednesday of the month
5:30 p.m. - 7:00 p.m.

Distribution of non-perishable food, clothing, parenting workshops, support groups for PPD, and music classes. Personal identification required.

Metro Park Assembly of God

Contact: Pastor Leslie Samuel
Telephone: 732-283-3440 or 732-710-3663
Address: 48 Berkley Street
Iselin, NJ 08820
Website: www.metroparkassembly.org
Hours of Operation: Last Thursday of the month (November & December 3rd Thursday of the month)
7:00 p.m. – 8:30 p.m.

Emergency food is available to anyone in need.

St. Anthony of Padua Food Pantry

Contact: Parish Office
Telephone: 732-634-1403
Address: 436 Port Reading Avenue
Port Reading, NJ 07064
Hours of Operation: 3rd Wednesday 10:00 a.m. – 12:00 p.m.
(Emergencies upon notification)

A registration form must be filled out. You will be required to show ID and a proof of income (driver license, social security card, pay stub). Non-perishable food is available for Port Reading and Sewaren residents.

St. Cecelia's Food Pantry

Contact: Maria Campos
Telephone: 732-283-0150
Address: St. Cecelia's Parish Center
45 Wilus Way
Iselin, NJ 08830
Hours of Operation: Tuesday 10:00 a.m. – 1:00 p.m. (By appointment only)

Emergency food is available. A registration form must be completed and you will be required to show some ID (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month.

St. James Emergency Food Pantry

Contact: Peggy Foley
Telephone: 732-636-4310 or 732-636-6343
Address: 174 Grove St.
Woodbridge, NJ 07095
Hours of Operation: Tuesday, Wednesday & Thursday
9:00 a.m. – 11:00 a.m.
Thursday 7:00 p.m. – 8:30 p.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

Trinity Episcopal Church Food Pantry

Contact: Carroll Thomas
Telephone: 732-634-7422 ext. 5
Monday or Tuesday 9:00 a.m. – 1:00 p.m. ONLY

Address: Trinity Church
650 Rahway Avenue at Trinity Lane
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Thursday (Red Building) 10:00 a.m. – 11:00 a.m.
1st Saturday 10:30 a.m. – 11:30 a.m. (diapers offered)

A three-day supply of emergency food is provided on a once a month basis. Please call on above days, speaking clearly, so that food packages may be prepared ahead for Thursday pick up.

Trinity Episcopal Church Soup Kitchen - CLOSED UNTIL FURTHER NOTICE

Contact: Carroll Thomas
Telephone: 732-634-7422 ext. 5
Address: Trinity Church
650 Rahway Avenue at Trinity Lane
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Friday 11:00 a.m. – 1:00 p.m.

A substantial hot lunch is provided to anyone who shows up - no questions asked.

Middlesex County Office of Aging and Disabled Services Senior Meal Program

Anyone 60 and over is welcome at the following sites:

- Site 1: Thomas J. Deverin Community Center
100 Cooke Avenue
Carteret, NJ 07008
732-541-6221
Hours 8:30 a.m. – 2:30 p.m.
- Site 2: Alexander J. Jankowski Community Center
1 Olive Street
Perth Amboy, NJ 08861
732-442-0930
Hours 8:30 a.m. – 2:30 p.m.
- Site 3: Sayreville Senior Center
423 Main Street
Sayreville, NJ 08872
732-254-4299
Hours 8:30 a.m. – 2:30 p.m.
- Site 4: Edison Senior Center
2963 Woodbridge Ave.
Edison, NJ 08817
732-452-0377
Hours 8:30 a.m. – 2:30 p.m.
- Site 5: Piscataway Senior Center
700 Buena Vista Boulevard
Piscataway, NJ 08854
732-743-9844
Hours 8:30 a.m. – 2:30 p.m.
- Site 6: South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852
732-329-6171
Hours 8:30 a.m. – 2:30 p.m.
- Site 7: Old Bridge Senior Center
1 Old Bridge Plaza
Old Bridge, NJ 08857
732-607-1582
Hours 8:30 a.m. – 2:30 p.m.
- Site 8: South Plainfield Senior Center
90 Maple Ave.
South Plainfield, NJ 07080
(908) 753-1040
Hours 8:30 a.m. – 2:30 p.m.

Middlesex County Office of Aging and Disabled Services Senior Meal Program
732-745-2062

Round-trip transportation is available to all sites.

Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: Congregate:
\$2.25 Home Delivered: \$2.75

To obtain general information on resources available for seniors and the disabled in Middlesex County contact the Office of Aging and Disabled at 732-745-3295 and request a Resource Directory be mailed to your home. The directory includes comprehensive lists of various agencies in Middlesex County, there is a multitude of information ranging from housing options, adult day care facilities, support groups and counseling agencies, as well as many other social service, state and federal organizations.

The Middlesex County Area Transit (MCAT) program provides transportation for senior citizens (60 years and older) and persons with disabilities to enable them to maintain the necessities of life. Transportation is provided within Middlesex County and up to 5 miles outside the County. All transportation is curb-to-curb and individuals must register with MCAT in order to request a ride. To register for MCAT contact 732-745-7456.

MCFOODS Membership & Information

If you would like additional information about the MCFOODS program or if your organization is interested in becoming a part of the MCFOODS network please contact the Director to obtain an application packet detailing membership requirements.

Jennifer Apostol
MCFOODS Director
c/o MCIA
101 Interchange Plaza, Suite 202
Cranbury, NJ 08512

Phone: 609-409-5033
Fax: 609-655-4748
Email: ja@mciauth.com
Website <http://www.mciauth.com>

